

What You Need to Know

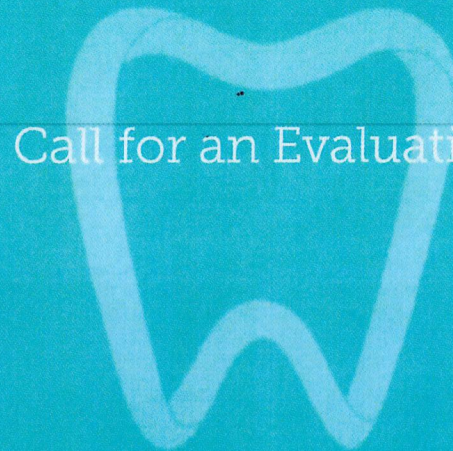
Within the last 20 years, clinical research has established a connection between certain increasingly common childhood health and behavioral symptoms and their root cause - Sleep Disordered Breathing.

Nine out of ten children suffer from one or more symptoms related to Sleep Disordered Breathing

The Healthy Start System
Addresses Sleep Disordered Breathing Symptoms While Straightening Your Child's Teeth



Every Child Deserves a Healthy Start



Call for an Evaluation

 **healthystart**[™]

info@thehealthystart.com
www.thehealthystart.com



#healthystartdds



healthystart[™]

Does Your Child Exhibit Any of These Symptoms

- | | |
|----------------------|------------------------------|
| ADD / ADHD | Chronic Allergies |
| Bed Wetting | Crowded Teeth |
| Difficulty in School | Overbite/Overjet |
| Mouth Breathing | Dark Circles Under the Eyes |
| Snoring | Swollen Adenoids/
Tonsils |
| Restless Sleep | Aggressive Behavior |
| Delayed Growth | Daytime Sleepiness |
| Nightmares | |
| Allergies | |



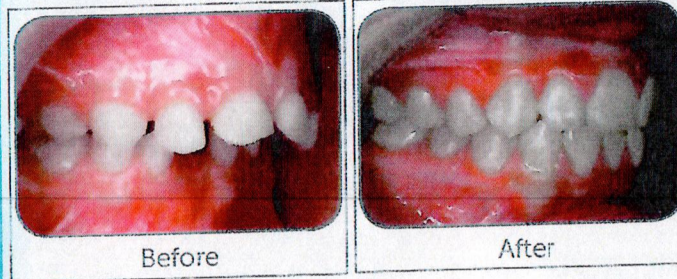
Healthy Start Success Stories

What is Healthy Start?

The Healthy Start System is:

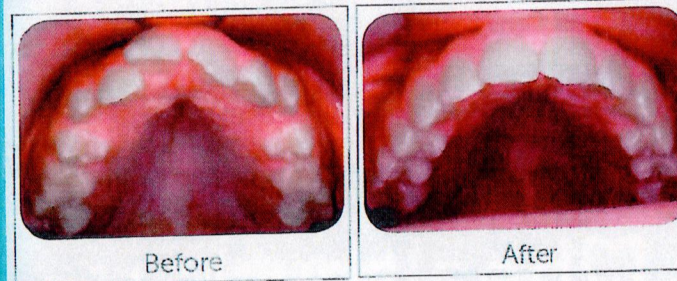
- A series of uniquely designed oral appliances
- Worn a few hours a day and/or during the night while the child sleeps
- Promotes nasal breathing
- Naturally widens the dental arches and develops the jaw as nature intended
- Straightens teeth
- Develops a permanently positioned dentition with no relapse

Healthy Start provides a non-invasive treatment promoting arch development, beautiful smiles, straight teeth, and a lifetime of healthy breathing.
— Just as Nature Intended —



Healthy Start Case: Overjet

The overjet is corrected by allowing the lower jaw to develop in a forward and downward direction. With the advancement of the lower jaw, the profile of the child improves and the airway is enlarged to create nasal breathing and address sleep disordered breathing.



Healthy Start Case: Crowding

The Healthy Start System guides and corrects the eruption of the incoming teeth by naturally expanding the arch to provide room for these teeth, or can straighten the teeth that are already present, and develop proper swallowing. This allows for proper breathing, an expanded airway, and straight teeth.



Healthy Start Case: Class III

The Healthy Start System addresses and corrects the Class III by allowing the force of the tongue to move the upper arch in a forward direction. The movement of the jaws in a forward direction opens up the patient's airway.



The Importance of your Child's Airway

The central issue for many children suffering from the effects of Sleep Disordered Breathing is a compromised airway. When a child's airway is narrow, underdeveloped, or constricted in any way, the child will struggle to receive enough oxygen at night which can result in serious health issues. Healthy Start provides a child an

The Effects Compromised Airways Have on Children

(Example at 7 Years of Age)

Severely Compromised Airway

This dot is an example of a 1 mm diameter airway.

14.25% airflow



Compromised Airway

This dot is an example of a 3.75 mm diameter airway.

50% airflow



Ideal Airway

This dot is an example of a 7 mm diameter airway.

100% airflow

